

Murray Park Center

Summer 2010

LEISURE POOL SCHEDULE

OPEN PLUNGE	
Monday & Wednesday	
12:00pm-5:50pm	Open Plunge±
7:00pm-9:45pm	Open Plunge±
Tuesday & Thursday	
12:00pm-3:50pm	Open Plunge±
7:00pm-9:45pm	Open Plunge±
Friday	
11:00am-9:45pm	Open Plunge±
Saturday	
12:00pm-6:45pm	Open Plunge±
Sunday	
9:00am-1:45pm	Open Plunge±

ADULT TIME*	
Monday - Friday	
5:00am-9:30am	Monday-Thursday*
5:00am-11:00am	Friday*
Saturday	
7:00am-9:00am	Saturday*

PROGRAMMING	
Aqua Fit Classes	
8:15am-9:15am	Easy Does It-Shallow MWF***
8:15am-9:15am	Aqua Fit-Shallow TTh***
6:00pm-7:00pm	Aqua Fit-Shallow MW***
6:00pm-7:00pm	Aqua Fit-Deep TTh**
Swim Lessons	
9:30am-12:00pm	Monday-Thursday
4:00pm-7:00pm	Tuesday, Thursday
9:00am-12:00pm	Saturday

POOL CHECKS	
Leisure Pool checks every hour during open plunge.	
Pool will be cleared the last 10 minutes each hour.	
Please take children to the restroom, and change diapers during this time.	
Lifeguards will check pool chemistry & water quality.	

COMPETITION POOL SCHEDULE

LAP SWIMMING	
Monday - Friday	
5:00am-7:30am	Monday-Friday (8 Lanes)
12:00pm-4:00pm	Monday-Friday (5 Lanes)
9:00am-12:00pm	Monday-Thursday (6 Lanes)
5:30pm-6:30pm	Mon, Wed, Fri (2 Lanes)**
7:30pm-9:45pm	Monday (5 Lanes)
6:30pm-7:30pm	Monday (2 Lanes)**
5:30pm-7:00pm	Tuesday, Thursday (3 Lanes)**
7:00pm-9:45pm	Tuesday (2 Lanes)**
7:00pm-8:30pm	Thursday (2 Lanes)**
8:30pm-9:45pm	Thursday (8 Lanes)
7:30pm-9:45pm	Wednesday (6 Lanes)
9:00am-12:00pm	Friday (8 Lanes)
7:30pm-9:45pm	Friday (5 Lanes)
Saturday	
7:00am-9:00am	Saturday (8 Lanes)
9:00am-12:00pm	Saturday (6 Lanes)
12:00pm-6:45pm	Saturday (5 Lanes)
Sunday	
9:00am-1:45pm	Sunday (8 Lanes)

NO LAP LANES	
7:30am-9:00am	Mon-Fri (MAC Practices)☹
4:00pm-5:30pm	Mon-Fri (MAC Practices)☹

LAP SWIMMING ETIQUETTE	
<p>Note that our pools are for multiple uses. Activities including: Aquafit, swim teams, groups, rentals and lessons may restrict lane availability. <u>When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.</u></p>	

PROGRAMMING	
Monday - Friday	
7:30am-9:00am	MAC Swim Team M-F (8 Lanes)☹
4:00pm-5:30pm	MAC Swim Team M-F (8 Lanes)☹
5:30pm-6:30pm	Pre-Comp Swim Program MWF (6 Lanes)**
9:00am-12:00pm	Swim Lessons M-F (2 Lanes)
4:00pm-7:00pm	Swim Lessons TTh (2 Lanes)
6:00pm-7:00pm	Aqua Fit-Deep TTh (3 Lanes)**
6:30pm-7:30pm	Master's Swim MW (6 Lanes)**
7:00pm-9:00pm	Scout Merit Badge W (1-2 Lanes)**
7:30pm-9:30pm	Master's Water Polo T (6 Lanes)**
7:00pm-8:30pm	Youth Water Polo Th (6 Lanes)**
Saturday	
9:00am-12:00pm	Swim Lessons (2 Lanes)

POOL RULES	
Proper authorized swim attire required. Street clothing is not permitted.	
Children under 3 and any children not toilet trained must wear swim diaper <u>and</u> waterproof pants.	
All swimmers must take a cleansing shower before entering any swimming water.	
Children under 6 must be accompanied in the water by an adult at ALL times.	

POOL INFORMATION	
* Adults Only (18+ years) in Leisure Pool.	
** Limited lap lanes available during these times.	
*** Bubble Couch will be off during Aqua Fit Classes.	
☹ No Lap Lanes Available during these times.	
± Toys and Slide on during open plunge hours.	
Pool schedule subject to change without notice.	

Effective: June 7, 2010
Updated: June 21, 2010

Murray Park Center
801-284-4200
www.murray.utah.gov
202 E. Murray Park Ave.
Murray, UT 84107

